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**FAST
FACTS**

Assessing Self-Determination Skills

1

To ensure students with disabilities are developing self-determination skills, it is important to have effective assessments to measure growth and support needs over time.

4

To promote engagement in the assessment process, encourage students to choose the assessment to be used and the format of the assessment (e.g., online, paper-pencil, interview).

2

Self-determination assessments measure skills such as autonomy, choosing and expressing goals, taking action to achieve goals, self-regulation, self-direction, psychological empowerment, and self-realization.

5

Review the assessment results with students and provide students an opportunity to summarize the results at their next IEP meeting.

3

Assessments may be completed by the student, family members, and other Individualized Education Program (IEP) team members.

6

Use the assessment results to guide instructional priorities, transition services, and community experiences for the student.

This fact sheet was developed by the Illinois Center for Transition and Work at the University of Illinois Urbana-Champaign through a contract with the Illinois State Board of Education. Information presented may not reflect the position or policy of the Illinois State Board of Education.

